



# COUNSELING AND SOCIAL ADVOCACY CENTER @ UMSL

## SPRING 2022 VIRTUAL COUNSELING GROUPS

*Groups Start the week of February 28th on Zoom.  
Sign up by February 25th.*

*For more information and to register:  
<https://forms.office.com/r/x7TtcH9ekT>*

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### GROUPS OFFERED:

**STRESS MANAGEMENT  
WEDNESDAYS 12PM-1PM**

**GRIEF AND LOSS GROUP  
THURSDAYS 7PM-8PM  
SATURDAYS 12:30PM-1:30PM**

#### Group Fees:

UMSL and Non-UMSL Students - \$5 per group meeting

Community Members - \$10 per group meeting

A sliding scale of the group session fee is available by contacting  
the center at 314-516-4613 or [csaceumsl.edu](http://csaceumsl.edu).

